






Elder Care Killdeer-Dunn Center Area Menu May 2018



The suggested donation for participants over 60 is \$4.00/meal. Any additional donations are welcome.

Monday	Tuesday	Wednesday	Thursday	Friday
30-Apr Lasagna Green Beans Romaine Salad w/Dressing Garlic Toast Mandarin Orange in Gelatin	1 Oven Fried Chicken Hash Brown Bake Sliced Beets Multigrain Bread/Roll Pineapple Chunks	2 Pork Roast Sweet Potato Wax Beans Multigrain Bread/Roll Apricot Halves Lemon Fruit Gelatin	3 Steak in Brown Gravy Boiled Potato Country Trio Vegetable Multigrain Bread/Roll Fresh Banana	4
7  Meatloaf Whipped Potato w/Gravy Carrot Crinkles Multigrain Bread/Roll Peach Slices	8 Chicken Pattie on a Bun Cheesy Texas Potatoes Broccoli Cuts Fresh Strawberry w/Angel Cake	9 Hamburger Potato Bake Green Beans Multigrain Bread/Roll Vanilla Fruit Salad	10  Fish Sandwich on a Bun Potatoes Au Gratin Tomato Slice Melon Cuts Cookie	11
14 Chicken Pattie on a Bun Cheesy Texas Potatoes Broccoli Cuts Fresh Strawberry w/Angel Cake	15 Chicken Enchilada Bake Green Beans Carrot & Celery Sticks Multigrain Bread/Roll Fresh Strawberry in Gelatin	16 Egg Salad on a Croissant Corn Cherry Tomatoes Fresh Fruit Cuts Brownie	17 Tuna Macaroni Salad Whole Baby Carrots Creamy Coleslaw Multigrain Bread/Roll Mandarin Orange	18
21 Savory Pepper Steak Baked Potato w/Sr Cream Peas & Carrots Multigrain Bread/Roll Pear Slices Chocolate Pudding	22 BBQ Chicken on a Bun Potato Wedges Corn Mandarin Orange Applesauce Bar	23 Changes in menu may be made due to availability of foods. For meal reservations call at least one day in advance. Brenda: 260-0667	24 Meal Provides: Minimum of 2oz. Protein 3 Half Cups of Fruits/Veg 2 Serving Bread 1 Serving of Milk	25
28  Beef Taco Salad Grated Carrots in Gelatin Multigrain Bread/Roll Fresh Grapes Pudding Cup	29	30		