






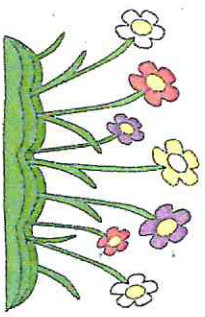




Elder Care Killdeer-Dunn Center Area Menu April 2018



The suggested donation for participants over 60 is \$4.00/meal. Any additional donations are welcome.

Monday	Tuesday	Wednesday	Thursday	Friday
Brenda: 260-0667 Changes in menu may be made due to availability of foods. For meal reservations call at least one day in advance.	Roast Beef Whipped Potato w/ Gravy Diced Beets Multigrain Bread/Roll Sliced Peaches	Lasagna Romaine Salad w/ Dressing Carrot Sticks Garlic Toast Vanilla Fruit Salad		Swedish Meatball Escalloped Potato Mixed Vegetables Multigrain Bread/Roll Mandarin Orange in Gelatin
	Steak in Brown Gravy Whipped Potato Prince Edward Vegetable Multigrain Bread/Roll Tropical Fruit	Hot Pork on a Bun Broccoli Rice Bake Carrot Crinkles Plum Halves Pudding Cup		Stuffed Green Pepper Candied Sweet Potato Green Beans Multigrain Bread/Roll Fresh Banana
	Pork Chop in Mush. Gravy Whipped Potato Capri Vegetable Multigrain Bread/Roll Lemon Fruit Salad	Beef Salad on Croissant Vegetable Chowder w/ Soda Crackers Cucumber Salad Fresh Strawberries Rice Krispie Bar		Cabbage Rolls Baked Potato w/Sour Cream Carrot Crinkles Corn Bread Pineapple Chunks
	Chicken Fried Steak Whipped Potato w/ Gravy Stewed Tomato Multigrain Bread/Roll Apricot Halves	Swiss Steak Parsled Potato Broccoli Cuts Multigrain Bread/Roll Blushing Pears		Baked Fish Dilled Potato Garden Mixed Vegetable Multigrain Bread/Roll Fruit Cocktail
Be Safe... Be Sure to Refrigerate!	30			Meal Provides: Minimum of 2oz. Protein 3 Half Cups of Fruits/Veg 2 Serving Bread 1 Serving of Milk